

# REQUIREMENTS FOR YOUR ACADEMIC PROGRAM - <http://catalog.aacc.edu>

CATALOG YEAR  
2017-2018

**PROGRAM CODE:** AS.HEA.FIT.EXERCISE  
**PROGRAM NAME:** Health, Fitness and Exercise Studies

**FACULTY CONTACT:** Tiffin Bumpass  
**PROGRAM SCHOOL:** Health Sciences

AACC faculty developed the following charts to encourage greater success in your program of study. Why take classes in this order? The courses in the first column are designed to prepare you for courses in the second column and so on. Students with no developmental requirements in English or reading may register for a total of 18 credits per term. If you are a part-time student, you may take fewer credits by dividing the recommended courses across multiple terms to accommodate your schedule.

GROUP 1				GROUP 2				GROUP 3				GROUP 4			
COURSE/ REQUIREMENT	CRED- ITS	Term Taken	Grade	COURSE/ REQUIREMENT	CRED- ITS	Term Taken	Grade	COURSE/ REQUIREMENT	CRED- ITS	Term Taken	Grade	COURSE/ REQUIREMENT	CRED- ITS	Term Taken	Grade
ENG-111 or ENG-115 or ENG-121 <i>See note 1</i>	3			ENG-112 or ENG-116 or elective (must have 60 credits for graduation) <i>See note 1</i> <b>P</b>	0-3			Computer Technology GER 	4			Electives <i>See note 2</i>	6		
Mathematics GER	3-4			HEA-111	4			HEA-295	3			BIO-234 <b>P</b>	3		
HEA-100	3			HEA-150	3			BIO-233 <b>P</b>	3			Arts & Humanities GER (two disciplines required) <b>D</b>	3		
HEA-101	3			SOC-111 <b>D</b>	3			PSY-111	3						
Arts & Humanities GER (two disciplines required) <b>D</b>	3			BIO-101	4			Elective <i>See note 2</i>	3						

1. Successful completion of ENG-121 fully satisfies the English composition general education requirement.
2. Program electives must be chosen from the following: HEA/GSS-113, HEA-115, HEA-116, HEA/GSS-117, HEA/BIO-137, HEA/BIO-138, HEA-230, HEA-231, HUS-102, BIO-135 or BIO-136, PBH-101, PBH-105, PBH-202 (prerequisite PBH-101), PHE-215, or PHE-233.

**Note: Minimum of 60 credit hours required for degree.**

**All program requirement courses require a C or better.**

**Where course choices exist within programs, transfer students should consult with an advisor and use transfer resources to make course choices consistent with the requirements of their intended transfer school.**

**P** This course has a credit course prerequisite. Specific course prerequisite information can be obtained by looking at the Course Descriptions section of the College Catalog or in the Schedule of Classes.

**D** This course meets the diversity requirement or the diversity requirement can be met simultaneously as you satisfy this requirement. Only one diversity class is required to meet the diversity requirement. Courses which meet the diversity requirement can be found in General Education Requirements section of the College Catalog or by looking for the diversity symbol placed next to course descriptions in the Schedule of Credit Classes.

(GER) Information on courses that meet General Education Requirements (GER) can be found in General Education Requirements section of the College Catalog or by looking course descriptions in the Schedule of Credit Classes for the open book symbol and the name of the GER category