

Student ID: _____

Student Name: _____

Advisor Name: _____

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Catalog: 2018-2019 CATALOG
Program Name: Planner for Explore Health and Human Services

PLANNER FOR HEALTH AND HUMAN SERVICES

PURPOSE: The courses on this planner are designed to lead students to a major listed. The listed majors may prepare for career entry or for transfer to 4-year colleges. Students who are interested in a 'Career Entry Major' but intend to transfer to a four-year college must consult with Academic Advising and may need to follow a transfer agreement (see Transfer Services.)

CODE: AA.TRANSFER.HEA-HUS

Career Entry Majors (A.A.S and A.S.)

- Addiction Counseling
- Human Services
- Massage Therapy
- Medical Assisting
- Paramedic
- Physical Therapist Assistant
- Health Information Technology
- Surgical Technology
- Radiologic Technology
- Nursing
- Medical Laboratory Technician

Transfer Majors (A.S.)

- Health, Fitness, Exercise Studies
- Public Health

TERM 1

COURSE NAME	CREDITS	TERM TAKEN	GRADE
ENGLISH Choose one (1) English course from the following: <ul style="list-style-type: none"> • ENG 111 - Composition and Introduction to Literature 1 • ENG 115 - Composition and Introduction to Literature 1 for Non-Native Speakers • ENG 121 - Composition and Literature 	3 Credit Hours		
MATHEMATICS Choose one (1) Mathematics course from the following: <hr/> COURSE CHOICES FOR MATH GROUP A Choose one (1) course from this group if interested in these majors: Addiction Counseling, Human Services, Massage Therapy, Medical Assisting, Paramedic, Health Information Technology, Surgical Technology, Health, Fitness, Exercise Studies <ul style="list-style-type: none"> • MAT 100 -The Nature of Mathematics • MAT 133 - Finite Mathematics • MAT 135 - Statistics <hr/> COURSE FOR MATH GROUP B Choose this course from this group if interested in Public Health <ul style="list-style-type: none"> • MAT 135 - Statistics <hr/> COURSE FOR MATH GROUP C Choose this course from this group if interested in these majors: Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology, Nursing <ul style="list-style-type: none"> • MAT 137 - College Algebra 	3 Credit Hours		

COURSE NAME	CREDITS	TERM TAKEN	GRADE
<p>PSYCHOLOGY / SOCIOLOGY</p> <p>Choose either one (1) Psychology or one (1) Sociology course from the following:</p> <p>Notes: Students must take PSY 111 if interested in Addiction Counseling, Paramedic, Surgical Technology, Physical Therapist Assistant. Students must take SOC 111 if interested in Health Information Technology, Public Health, Medical Laboratory Technician, or Radiologic Technology</p> <ul style="list-style-type: none"> • PSY 111 - Introduction to Psychology • SOC 111 - Introduction to Sociology 	3 Credit Hours		
<p>BIOLOGY</p> <p>Choose one (1) Biology course from the following:</p> <hr/> <p>COURSE FOR BIOLOGY GROUP A</p> <p>Choose this course if interested in: Public Health or Health, Fitness, Exercise Studies</p> <ul style="list-style-type: none"> • BIO 101- Fundamentals of Biology <hr/> <p>COURSE CHOICES FOR BIOLOGY GROUP B</p> <p>Choose a course from this group if interested in: Addiction Counseling or Human Services</p> <ul style="list-style-type: none"> • BIO 101 - Fundamentals of Biology • BIO 230 - Structure and Function of the Human Body <hr/> <p>COURSE CHOICES FOR BIOLOGY GROUP C</p> <p>Choose a course from this group if interested in: Health Information Technology, Surgical Technology, Nursing, Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology</p> <ul style="list-style-type: none"> • BIO 101 - Fundamentals of Biology • BIO 231 - Human Biology 1 <hr/> <p>COURSE CHOICES FOR BIOLOGY GROUP D</p> <p>Choose a course from this group if interested in: Massage Therapy, Medical Assisting, Paramedic</p> <ul style="list-style-type: none"> • BIO 230 - Structure and Function of the Human Body 	4 Credit Hours		
<p>EXPLORE</p> <p>Choose one (1) EXPLORE course from the following:</p> <p>Note: Each explore course will meet a requirement only in the major(s) listed next to it.</p> <ul style="list-style-type: none"> • CHE 111 - General Chemistry 1 (Medical Laboratory Technician) • MDA 113 - Medical Terminology (Health Information Technology, Public Health, Medical Assisting, Surgical Technology, Massage Therapy) • HEA 101 - Foundations of Health, Exercise and Sport (Health, Fitness and Exercise Studies) • MAS 100 - Introduction to Massage (Massage Therapy) • HUS 101 - Human Service and Addiction Counseling Ethics in Practice (Addiction Counseling and Human Services) 	3-4 Credit Hours		

TERMS 2-4

Below are the 43-44 credit hours of course requirements that should be met during Terms 2-4. Students must meet with an Academic Advisor before choosing any of these classes:

3 credits of English General Education Requirement Composition and Introduction to Literature 2 (if students have not taken ENG 121), 3 credits of Health/Fitness/Wellness General Education Requirement, 3 credits of Computer Technology/Computer Competency Requirement, 3 credits of Social & Behavioral Science GER (other than discipline taken in Term 1), 3 credits of Biological & Physical Sciences GER (including one lab), 6 credits of Arts & Humanities GER (two different disciplines), 12 credits from a single discipline, and electives. (Students must take the amount of elective credits to achieve a minimum of 60 credits that are required for this degree.)