

Student ID: \_\_\_\_\_

Student Name: \_\_\_\_\_

Advisor Name: \_\_\_\_\_

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**Catalog:** 2020-2021 CATALOG  
**Program Name:** Planner for Explore Health and Human Services

# PLANNER FOR EXPLORE HEALTH AND HUMAN SERVICES

**PURPOSE:** The courses on this planner are designed to lead students to a major listed. The listed majors may prepare for career entry or for transfer to 4-year colleges. Students who are interested in a 'Career Entry Major' but intend to transfer to a four-year college must consult with Academic Advising and may need to follow a transfer agreement (see Transfer Services.)

**CODE:** AA.TRANSFER.HEA-HUS

## Career Entry Majors (A.A.S and A.S.)

- Addiction Counseling
- Health Information Technology
- Human Services
- Massage Therapy
- Medical Assisting
- Medical Laboratory Technician
- Nursing
- Paramedic
- Physical Therapy Assistant
- Radiologic Technology
- Surgical Technology

## Transfer Majors (A.S.)

- Health, Fitness, Exercise Studies
- Public Health

## TERM 1

COURSE NAME		CREDITS	TERM TAKEN	GRADE
ENGLISH	<p><b>Choose one (1) English course from the following:</b></p> <ul style="list-style-type: none"> <li>• ENG 101 - Academic Writing and Research 1</li> <li>• ENG 101A - Academic Writing and Research 1</li> </ul>	3 Credit Hours		
MATHEMATICS	<p><b>Choose one (1) Mathematics course from the following:</b></p> <p><b>Choose one (1) course from this group if interested in these majors:</b> <i>Addiction Counseling, Human Services, Massage Therapy, Medical Assisting, Health Information Technology, Surgical Technology, Health, Fitness, Exercise Studies</i></p> <ul style="list-style-type: none"> <li>• MAT 100 -The Nature of Mathematics</li> <li>• MAT 133 - Finite Mathematics</li> <li>• MAT 135 - Statistics</li> </ul> <hr/> <p><b>Choose this course from this group if interested in:</b> <i>Public Health or Paramedic</i></p> <ul style="list-style-type: none"> <li>• MAT 135 - Statistics</li> </ul> <hr/> <p><b>Choose this course from this group if interested in these majors:</b> <i>Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology, Nursing</i></p> <ul style="list-style-type: none"> <li>• MAT 137 - College Algebra</li> </ul>	3 Credit Hours		

COURSE NAME	CREDITS	TERM TAKEN	GRADE
<p><b>PSYCHOLOGY / SOCIOLOGY</b></p> <p><b>Choose PSY 111 – Introduction to Psychology if interested in:</b>  <i>Addiction Counseling, Health, Fitness and Exercise Science, Human Services, Massage Therapy, Medical Assisting, Nursing, Physical Therapist Assistant, or Surgical Technology.</i></p> <p><b>Choose SOC 111 – Introduction to Sociology if interested in:</b>  <i>Paramedic, Public Health, Medical Laboratory Technician or Radiologic Technology.</i></p>	3 Credit Hours		
<p><b>BIOLOGY</b></p> <p><b>Choose one (1) Biology course from the following:</b></p> <hr/> <p><b>Choose this course if interested in:</b>  <i>Public Health or Health, Fitness, Exercise Studies</i></p> <ul style="list-style-type: none"> <li>• BIO 101- Fundamentals of Biology</li> </ul> <hr/> <p><b>Choose a course from this group if interested in:</b>  <i>Addiction Counseling or Human Services</i></p> <ul style="list-style-type: none"> <li>• BIO 101 - Fundamentals of Biology</li> <li>• BIO 230 - Structure and Function of the Human Body</li> </ul> <hr/> <p><b>Choose a course from this group if interested in:</b>  <i>Health Information Technology, Surgical Technology, Nursing, Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology</i></p> <ul style="list-style-type: none"> <li>• BIO 101 - Fundamentals of Biology</li> <li>• BIO 231 - Human Biology 1</li> </ul> <hr/> <p><b>Choose a course from this group if interested in:</b>  <i>Massage Therapy, Medical Assisting, Paramedic</i></p> <ul style="list-style-type: none"> <li>• BIO 230 - Structure and Function of the Human Body</li> </ul>	4 Credit Hours		
<p><b>EXPLORE</b></p> <p><b>Choose one (1) EXPLORE course from the following:</b></p> <p><b>Note: Each explore course will meet a requirement only in the major(s) listed next to it.</b></p> <ul style="list-style-type: none"> <li>• CHE 111 - General Chemistry 1 (Medical Laboratory Technician)</li> <li>• MDA 113 - Medical Terminology (Health Information Technology, Public Health, Medical Assisting, Surgical Technology, Massage Therapy)</li> <li>• HEA 101 - Foundations of Health, Exercise and Sport (Health, Fitness and Exercise Studies)</li> <li>• MAS 100 - Introduction to Massage (Massage Therapy)</li> <li>• HUS 101 - Human Service and Addiction Counseling Ethics in Practice (Addiction Counseling and Human Services)</li> </ul>	3-4 Credit Hours		

## TERMS 2-4

Below are the 43-44 credit hours of course requirements that should be met during Terms 2-4.

Majors in the Health and Human Services Field of Interest have specific and varied course requirements. To determine requirements that should be met during Terms 2-4, students must (1) attend an Information Session and (2) meet with a Health and Human Services Academic Advisor.

3 credits of English General Education Requirement Composition and Introduction to Literature 2 (if students have not taken ENG 121), 3 credits of Health/Fitness/Wellness General Education Requirement, 3 credits of Computer Technology/Computer Competency Requirement, 3 credits of Social & Behavioral Science GER (other than discipline taken in Term 1), 3 credits of Biological & Physical Sciences GER (including one lab), 6 credits of Arts & Humanities GER (two different disciplines), 12 credits from a single discipline, and electives. (Students must take the amount of elective credits to achieve a minimum of 60 credits that are required for this degree.)