

Student ID: _____

Student Name: _____

Advisor Name: _____

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Catalog: 2021-2022 CATALOG

Program Name: Planner for Explore Health and Human Services

PLANNER FOR EXPLORE HEALTH AND HUMAN SERVICES

PURPOSE: The courses on this planner are designed to lead students to a major listed. The listed majors may prepare for career entry or for transfer to four-year colleges. Students who are interested in a 'Career Entry Major' but intend to transfer to a four-year college must consult with Academic Advising and may need to follow a transfer agreement (see Transfer Services.)

CODE: AA.TRANSFER.HEA-HUS

Career Entry Majors (A.A.S and A.S.)

- Addiction Counseling
- Histotechnician
- Human Services
- Massage Therapy
- Medical Assisting
- Medical Laboratory Technician
- Nursing
- Paramedic
- Physical Therapist Assistant
- Radiologic Technology
- Surgical Technology

Transfer Majors (A.S.)

- Health, Fitness, Exercise Studies
- Public Health

Note: For information about Health and Human Services Programs

1. Visit our website aacc.edu/about/schools-of-study/health-sciences/.
2. Attend information sessions for programs that interest you.
3. Meet with a Health and Human Services academic advisor.

TERM 1

COURSE NAME	CREDITS	TERM TAKEN	GRADE
ENGLISH Choose one (1) English course from the following: <ul style="list-style-type: none"> • ENG-101 - Academic Writing and Research 1 • ENG-101A - Academic Writing and Research 1 	3 Credit Hours		
MATHEMATICS Choose one (1) Mathematics course from the following: Choose one (1) course from this group if interested in these majors: <i>Addiction Counseling, Human Services, Massage Therapy, Medical Assisting, Health Information Technology, Surgical Technology, Health, Fitness, Exercise Studies</i> <ul style="list-style-type: none"> • MAT-100 -The Nature of Mathematics • MAT-133 - Finite Mathematics • MAT-135 - Statistics <hr/> Choose this course from this group if interested in: <i>Public Health or Paramedic</i> <ul style="list-style-type: none"> • MAT-135 - Statistics <hr/> Choose this course from this group if interested in these majors: <i>Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology, Nursing</i> <ul style="list-style-type: none"> • MAT-137 - College Algebra <hr/> Choose (1) course from this group if interested in: <i>Histotechnician</i> <ul style="list-style-type: none"> • MAT-135 - Statistics • MAT-137 - College Algebra 	3 Credit Hours		

COURSE NAME	CREDITS	TERM TAKEN	GRADE
<p>PSYCHOLOGY / SOCIOLOGY / ARTS AND HUMANITIES</p> <p>Choose PSY-111 – Introduction to Psychology if interested in: Addiction Counseling, Health, Fitness and Exercise Science, Histotechnician, Human Services, Massage Therapy, Medical Assisting, Nursing, Physical Therapist Assistant, Public Health, or Surgical Technology.</p> <p>Choose SOC-111 – Introduction to Sociology if interested in: Health, Fitness and Exercise Studies, Histotechnician, Massage Therapy, Medical Laboratory Technician, Paramedic, Public Health, or Radiologic Technology.</p> <p>OR Choose one (1) Arts and Humanities GER Course</p> <p>Choose COM-111 – Fundamentals of Oral Communication if interested in: Human Services, Health Fitness and Exercise Studies, Medical Assisting, or Public Health</p>	3 Credit Hours		
<p>BIOLOGY</p> <p>Choose one (1) Biology course from the following: <i>Consult with an Advisor about Transferability</i></p> <hr/> <p>Choose this course if interested in: Public Health or Health, Fitness, Exercise Studies</p> <ul style="list-style-type: none"> BIO-101 - Fundamentals of Biology <hr/> <p>Choose a course from this group if interested in: Addiction Counseling or Human Services</p> <ul style="list-style-type: none"> BIO-101 - Fundamentals of Biology BIO-230 - Structure and Function of the Human Body <hr/> <p>Choose a course from this group if interested in: Surgical Technology, Nursing, Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology</p> <ul style="list-style-type: none"> BIO-101 - Fundamentals of Biology BIO-231 - Human Biology 1 <hr/> <p>Choose a course from this group if interested in: Histotechnician, Massage Therapy, Medical Assisting, Paramedic</p> <ul style="list-style-type: none"> BIO-230 - Structure and Function of the Human Body 	4 Credit Hours		
<p>EXPLORE</p> <p>Choose one (1) EXPLORE course from the following: Note: Each Explore course will meet a requirement only in the major(s) listed next to it.</p> <ul style="list-style-type: none"> CHE-111 - General Chemistry 1 (Medical Laboratory Technician, Histotechnician) MDA-113 - Medical Terminology (Public Health, Medical Assisting, Surgical Technology, Massage Therapy) HEA-101 - Foundations of Health, Exercise and Sport (Health, Fitness and Exercise Studies) MAS-100 - Introduction to Massage (Massage Therapy) HUS-101 - Human Service and Addiction Counseling Ethics in Practice (Addiction Counseling and Human Services) PHB-101 - Introduction to Public Health (Public Health) 	3-4 Credit Hours		

TERMS 2-4

Below are the 43-44 credit hours of course requirements that should be met during Terms 2-4.

Majors in the Health and Human Services Field of Interest have specific and varied course requirements. To determine requirements that should be met during Terms 2-4, students must (1) attend an Information Session and (2) meet with a Health and Human Services Academic Advisor.

3 credits of English General Education Requirement Composition and Introduction to Literature 2 (if students have not taken ENG-121), 3 credits of Health/Fitness/Wellness General Education Requirement, 3 credits of Computer Technology/Computer Competency Requirement, 3 credits of Social & Behavioral Science GER (other than discipline taken in Term 1), 3 credits of Biological & Physical Sciences GER (including one lab), 6 credits of Arts & Humanities GER (two different disciplines), 12 credits from a single discipline, and electives. (Students must take the amount of elective credits to achieve a minimum of 60 credits that are required for this degree.)